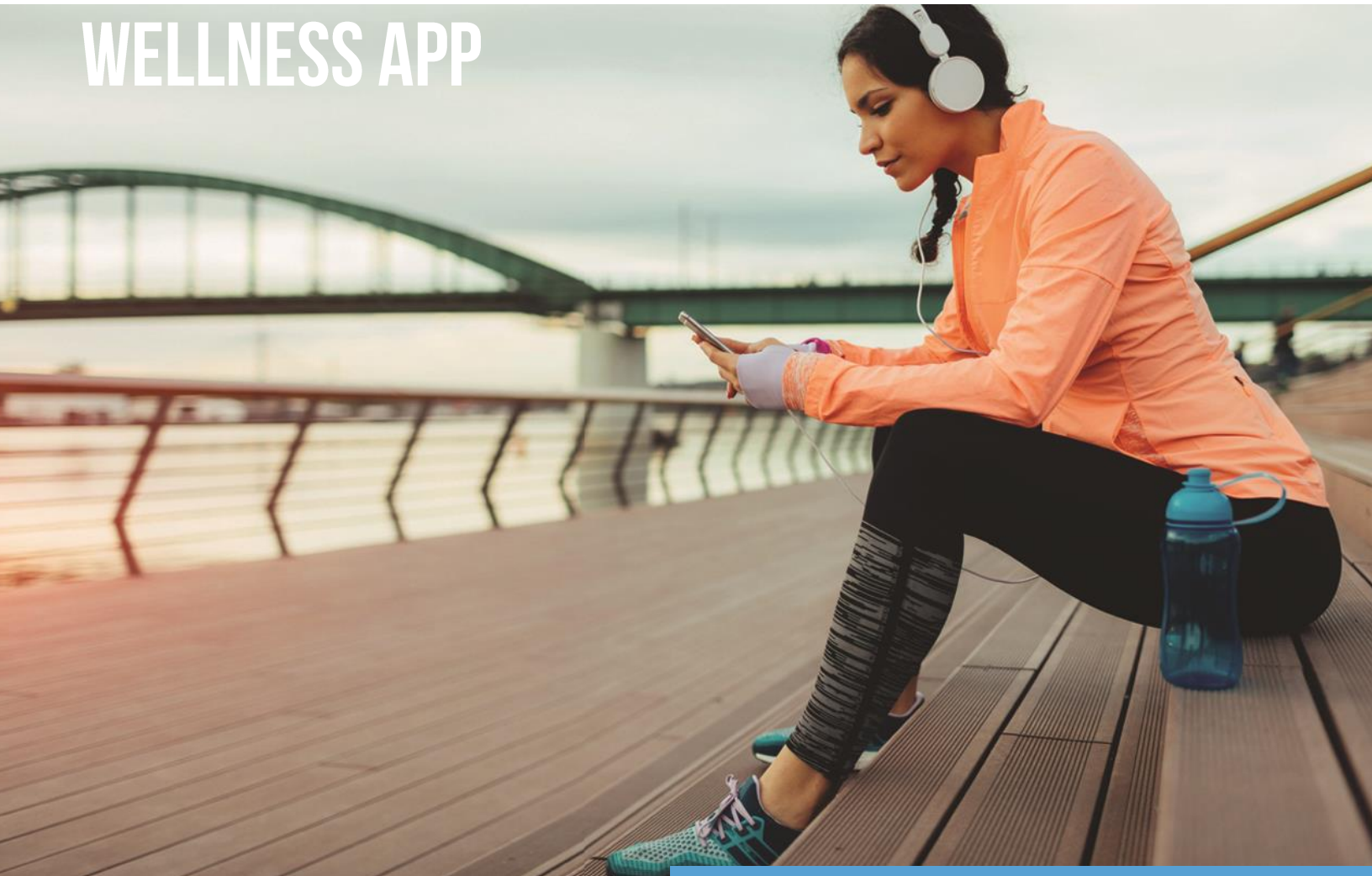


# MYWELLPORTAL

## WELLNESS APP



### HOW DO I GET STARTED?

1. Scan the QR Code or search for MyWellPortal within the app store to download
2. Log in with your existing username and password for the wellness portal



### FEATURES OF THE MYWELLPORTAL APP

- Access wellness documents and resources
- View monthly promotional topics
- Participate in available wellness challenges
- Schedule an appointment with a Health Coach
- Participate in an online coaching program
- View on-demand wellness videos

**Need assistance?** Contact Marquee Health at  
800.882.2109 or [info@mywellportal.com](mailto:info@mywellportal.com)



**MARQUETTE**  
UNIVERSITY

**My Wellness**