

HONORS DIGEST

YOUR BI-MONTHLY ROUND-UP OF HONORS EVENTS & INFO



TOPICS AT A GLANCE

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What did you do this summer? Have news to share? Send your accomplishments, summer stories, and news to Erin to be shared on the Honors website!

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UPCOMING DEADLINES



Honors Study Abroad Awards

Fall 22 Application Cycle for Spring 23 Programs

Due: October 15, 2022 | 11:59pm

The University Honors Program will offer up to 3 study-abroad awards for Core and Disciplinary Honors students in spring 2023 (Note: a separate application cycle will take place for for summer 2023 programs and will be due in spring 2023). Preference will be given to applications for 5 particular study-abroad programs that Honors and the Office of International Education have designated as meeting Honors outcomes. Larger awards will be given to applicants accepted to those programs – usually \$1500 for preferred programs and \$750-1000 for non-preferred programs.

Find out about the honors preferred programs and more information on the [Study Abroad page of the honors website](#).

UPCOMING EVENTS

Rewear It MU - Clothing Swap September 16 | 2-6pm 2nd floor AMU

Senior Honors student Paula Paliwoda cofounded the student Rewear It MU to create community and encourage sustainable fashion industry at Marquette. Join her on September 16 for a clothing swap!

Bring any clothes you don't wear anymore and swap them out for some new-to-you clothes! You do not need to bring clothes to participate, and everything is completely free! For regular updates and more info, follow Rewear It MU's Instagram @rewearitmu



LinkedIn Workshop September 28 | 7-8 PM Career Services Center

Join Honors Advisor Shayla Beaulieu for a LinkedIn workshop to create a detailed and engaging profile and learn how to get the most out of LinkedIn using appropriate etiquette when sending messages or making connections! Keep an eye out for more information in your emails soon!



OPPORTUNITIES

Global Brigade: Public Health Telebrigade Applications Due: September 15

Join Honors students David Chrisbaum and Max Mantych in working for Global Brigades. Global Brigades (GB) is an international non-profit that promotes sustainable development through localized partnerships with rural communities in Central America, Ghana, and Greece. The GB Holistic Model empowers community members to achieve their health and economic goals through the integration of healthcare, economic, and public health programs—the end goal of all programs is full community ownership!

Apply for the Public Health Telebrigade! This opportunity will include working with the in-country GB professional team and community members in Honduras to develop a Community Action Plan that will be implemented in the spring.

Contact [David Chrisbaum](#) with any questions. Learn more about [Global Brigades](#) [Apply Here](#)

ACADEMIC CALENDAR REMINDERS

VISIT THE MU ACADEMIC CALENDAR
WEBPAGE FOR FULL DETAILS

Add/Swap/Drop Date

- September 6, 2022

Fall Break

- October 20-23, 2022

Withdrawal Deadline

- November 18, 2022

Thanksgiving Break

- November 23-27, 2022

Final Exams

- December 12-17, 2022

Winter Break

- December 18, 2022 - January 16, 2023



REMEMBERING CHRISTINA CURTIS



Honors graduate Christina Curtis's study *Correlating Barriers to Medication Adherence With Trait Anxiety, Social Stigma, and Peer Support in College Students With Chronic Illness*, co-written with Professor Astrida Kaugars, was published in the Fall 2022 Psi Chi Journal of Psychological Research. Christina passed away on July 21, 2020 at the age of 23. She graduated from Marquette in May 2020 with bachelor's degrees in biomedical sciences and psychology. Christina was a member of both Core Honors and the Honors in Psychology programs. She was also the recipient of the Alpha Sigma Nu Jesuit Award for Outstanding Student and Community Service and a member of Psi Chi: The National Honor Society in Psychology.

HONORS TIPS

Make sure to save your classwork!

D2L's default is to block access to your courses after the semester ends making it impossible to access copies of your work in D2L after the semester ends. If you do not already, we suggest making a OneDrive file (or another storage system outside Microsoft Office that you prefer) for all the work you submit in your classes, from now till you graduate. While you're creating a filing system, we recommend also creating a folder for work you're involved with outside of classes - e.g. publicity you make for a student org, stuff you do for an internship or job, Marquette WIRE work, pictures of theater performances you're in, etc...

Why save your work?

- Some classes ask you to submit a portfolio of work from multiple classes and experiences, and you'll have it easily browsable in one place. CORE 1929H and CORE 4929H will both ask for this.
- Sometimes you will want to build on work from an earlier class, and having easy access to your prior work can save a ton of time and give you great ideas.
- When you need letters of recommendation, it can be extremely helpful to send a piece of work you're proud of from a class you took with the letter writer, to jog their memory and give them something concrete to draw on. This can be especially useful after you've graduated!
- Past materials can be so useful to browse as you develop personal statements for grad or professional school, or as you prepare for a job or internship interview.

*Want to share a tip? Keep an eye out for the **Honors Tip Jar**, which will make an appearance in the honors office soon!*

Honors Faculty Dr. Robert Smith was featured as a MU President's Difference Maker!
[Check it out here](#)