



An Employee Guide To

A SUSTAINABLE MARQUETTE



MARQUETTE
UNIVERSITY

| Sustainability

OUR COMMITMENT

Marquette University is committed to sustainability & environmental justice.

Our Jesuit mission and Catholic social teachings compel us to care for our common home and all beings who reside on planet Earth.

At Marquette, we strive to build sustainable & flourishing ecological and social communities through our academic offerings, engagement with community, campus operations, and strategic planning & employee wellness.

This is not a comprehensive guide but intended to serve as a launchpad for living, working and flourishing in a way that serves the planet, the community, and your well-being during your Marquette career.

➤ **COMMUTING OPTIONS**

➤ **REDUCING ENERGY USE**

➤ **REDUCING WASTE**

➤ **SUSTAINABLE EATS**

➤ **WELLNESS**

➤ **COMMUNITY**

COMMUTING



MCTS bus

TRANSIT

The Milwaukee area offers several transit options, whether you commute across town or from further afield.

- Milwaukee's [MCTS](#) is a robust bus system with several stops on campus and bike rack-equipped buses. MCTS's mobile app offers discounted fares and real-time arrival times.
- For commutes to/from surrounding counties and flights from O'Hare airport, [Coach USA](#) offers regular bus service.
- [The Hop](#) is a free streetcar serving downtown Milwaukee. The closest stop is a 15-minute walk from campus at the Intermodal Station on St. Paul Street.



Bublr bikes on Wells Street

BUBLR BIKESHARES

Bublr is the City of Milwaukee's bike-share service. Thanks to Marquette University Student Government, the campus has a Bublr bike rack on Wells Street by Weasler Auditorium. If you don't own a bike, Bublr is a great option for exploring the city. Just rent a bike from a nearby Bublr rack and return it to the rack located closest to your destination. Find all locations on Bublr's [website](#).



Repair station at Law School

BIKING

To reduce commuting emissions and create a bicycle-friendly campus, Marquette has several bicycle initiatives, including:

- Over 20 bike racks across campus.
- Secured and monitored [bike parking & storage](#) in the Wells St. and 16th St. parking garages.
- Four Dero bike repair stations [across campus](#).

ZIPCAR

Marquette University faculty and staff receive a discounted rates for daily and annual Zipcar memberships. Zipcar is a great option if you need a car for a groceries or are taking a long weekend trip! Find Zipcar locations and campus pricing on their [website](#).



COMMUTING



RIDESHARE^{etc.}

WISCONSIN RIDESHARE

Wisconsin's RIDESHARE program makes it easy to find others near you who want to drive or bike to work together—reducing your commuting costs and stress, as well as your environmental impact.

- **CARPPOOLING:** RIDESHARE helps you find and safely connect with other participants who work and live near you and want to carpool. Once you find a good match, you and your fellow commuters work out your own cost sharing, schedules, and pick-up locations.
- **BICYCLING:** The Bike Buddies program connects you with other bike commuters to make your daily ride safer and more enjoyable. Find cyclists who not only live/work near you but also have a similar level of biking experience.

Register [here](#).

[Learn more](#) about how it works.

PARK AND RIDE!

Wisconsin's 100+ free park-and-ride lots are located near freeway ramps throughout the state and are ideal to meet your carpool or bike buddy. Many have overnight parking and bike racks, and many are served by transit.

ENERGY USE



LIGHTING

If you are leaving your office, bathroom, or conference room, remember to switch off the lights to save energy and reduce campus emissions.

Another way to reduce energy consumption is to use LED bulbs in personal lamps you bring to campus. By switching to LEDs, you use 75% less energy than with incandescent bulbs.

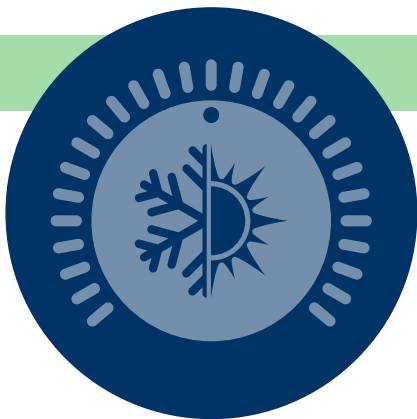
You can contact sustainability@marquette.edu to get a free LED bulb and pledge to make the switch!



UNPLUG

Electronics that are left plugged when not in use still use energy—known as "phantom load." Remember to unplug appliances and devices that you are not using. Or you can plug electronics into a power strip and switch the power strip off when not using them.

When you leave your workspace at the end of the day, remember to unplug your computer and electronics and turn off power strips.



THERMOSTAT

When temperatures outside are high, reduce energy by utilizing fans, keeping your blinds shut during the day, and opening your windows at night.

When temperatures outside are cold, save energy by letting the sunshine in your room during the day and turning down your heat when you're not home. If you have a programmable thermostat, use that function to regulate the temperature.

REDUCING WASTE



PAPER-SAVING TIPS

- Use the double-sided printer setting.
- Switch to e-books.
- Take advantage of smart classrooms.
- Take notes on your smart devices.

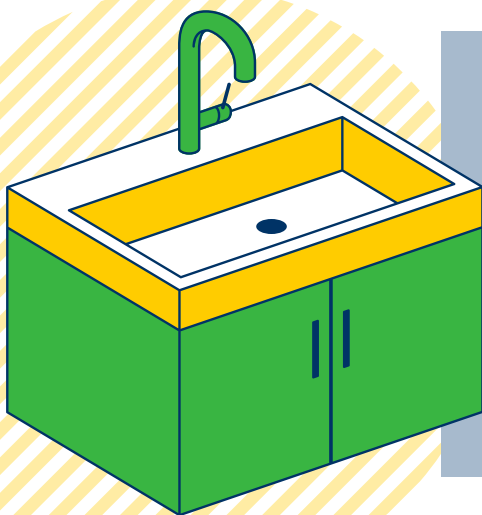
SEEK OUT SURPLUS

- If you need new office furniture, check out Marquette's [surplus site](#).
- Before buying new, see if colleagues have what you need.



CONSERVING WATER

- Pay attention to when you are using a low-flow toilet.
- When washing hands or doing dishes, turn off the water when not rinsing.



REDUCING WASTE

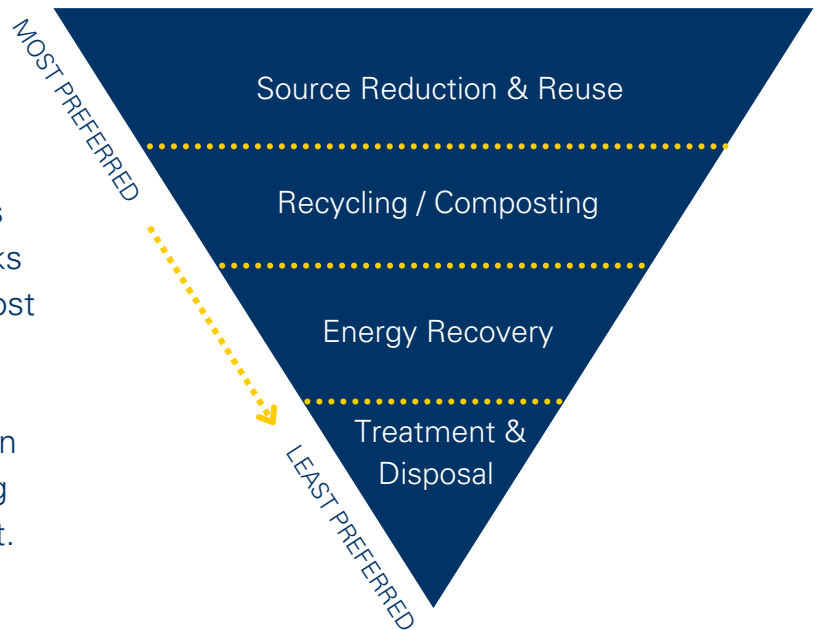
BEFORE BUYING...

Waste reduction is an important way to protect our land, water, and air resources. Before buying a new item, think about its lifecycle and decide whether buying it is important or whether an alternative is available. You might ask yourself:

- Is this a want or a need? How long will I use it?
- Can this be donated, reused, recycled, or composted when I no longer have use for it?
- Can I borrow this from someone else, trade, or share?

WASTE MANAGEMENT HIERARCHY

The U.S. Environmental Protection Agency's non-hazardous material waste hierarchy ranks the various management strategies from most to least environmentally preferred based on their contributions to greenhouse gas emissions. The hierarchy places emphasis on reducing, reusing, recycling, and composting as key to sustainable materials management.



SIMPLE SWITCHES

Instead of using single-use plastics or papers such as straws, coffee cups, water bottles, plastic clam-shell containers for to-go food, use reusable items.



WASTE DISPOSAL

Second to reducing what we consume and throw away is making sure what we dispose of is properly sorted and diverted from landfills. You can find out more about what can and cannot go in a recycling bin using the [Milwaukee Recycles Recycling Directory](#).

At Marquette, special steps must be taken to dispose of hazardous items such as lithium ion batteries, paint, electronics, and chemicals. Please do not put these items in a trash or recycling bin, please [submit a work order](#).



DON'T RECYCLE FLIMSY PLASTIC

Do not discard plastic bags, bubble wrap or any flimsy plastic into the recycling bin. Flimsy plastics gum up the machines at recycling facilities.

Instead, drop off plastic bags and similar items at a grocery store or Target, where there are special bins for disposal.



RINSE CONTAINERS

Whether recycling a plastic coffee cup, a pasta sauce jar, or a shampoo bottle, you must clean out any container of its contents as much as possible before recycling. You can do this by flushing with water or by scraping out with a spoon or paper towel.



SPECIAL HANDLING: ELECTRONICS

Electronics contain elements and chemicals that pose a serious threat to the environment when sent to a landfill or recycling facility. These items need special handling. If you need to dispose of any of these items, please submit a work order so that Marquette's Facilities crew can remove it.

SUSTAINABLE EATS

Reduce your environmental and community impact by choosing foods with a lower carbon footprint. As community members of Marquette, eating with the environment in mind and reducing your food waste can help us reduce our greenhouse gas emissions.

STRATEGIES TO REDUCE YOUR IMPACT



Check out the Plant Powered Grill, Marquette's sustainable grill located in The Commons. Many of the ingredients are sourced locally, and the menu changes with the season. Want to eat somewhere else on campus? Sodexo provides vegan and vegetarian options at all dining areas on campus.



Producing food is an energy intensive process from growing, to harvesting, to transporting, to preparing. Throwing food away is like throwing away energy. When food waste ends up in a landfill it produces methane emissions, which have a greater global warming potential. Try taking smaller portions to start and come back for more as needed.



Planning meals and making a shopping list can go a long way in reducing how much food you waste. Buy only what you need, plan to eat leftovers, share meals with others, or freeze leftovers for another meal.



Beef cattle are the top agricultural source of greenhouse gas emissions. Raising livestock also contributes to water waste and pollution. According to the U.S. Geological Survey, producing a quarter pound of hamburger requires 150 gallons of water. Reducing your beef consumption to once a week can make a huge difference. Try using beans, grains, and other plant-based proteins instead.

When selecting food in the dining halls, pay attention to these symbols:



VEGAN
Plant-based, no dairy



VEGETARIAN
Plant-based, may include dairy

WELLNESS

MILWAUKEE COUNTY PARKS

Whether by foot, bike, bus, scooter, e-bike, wheelchair, or car, you can enjoy exploring so many natural spaces in and around Milwaukee! Visit the [Milwaukee County Parks website](#) for maps and more information.

URBAN ECOLOGY CENTER

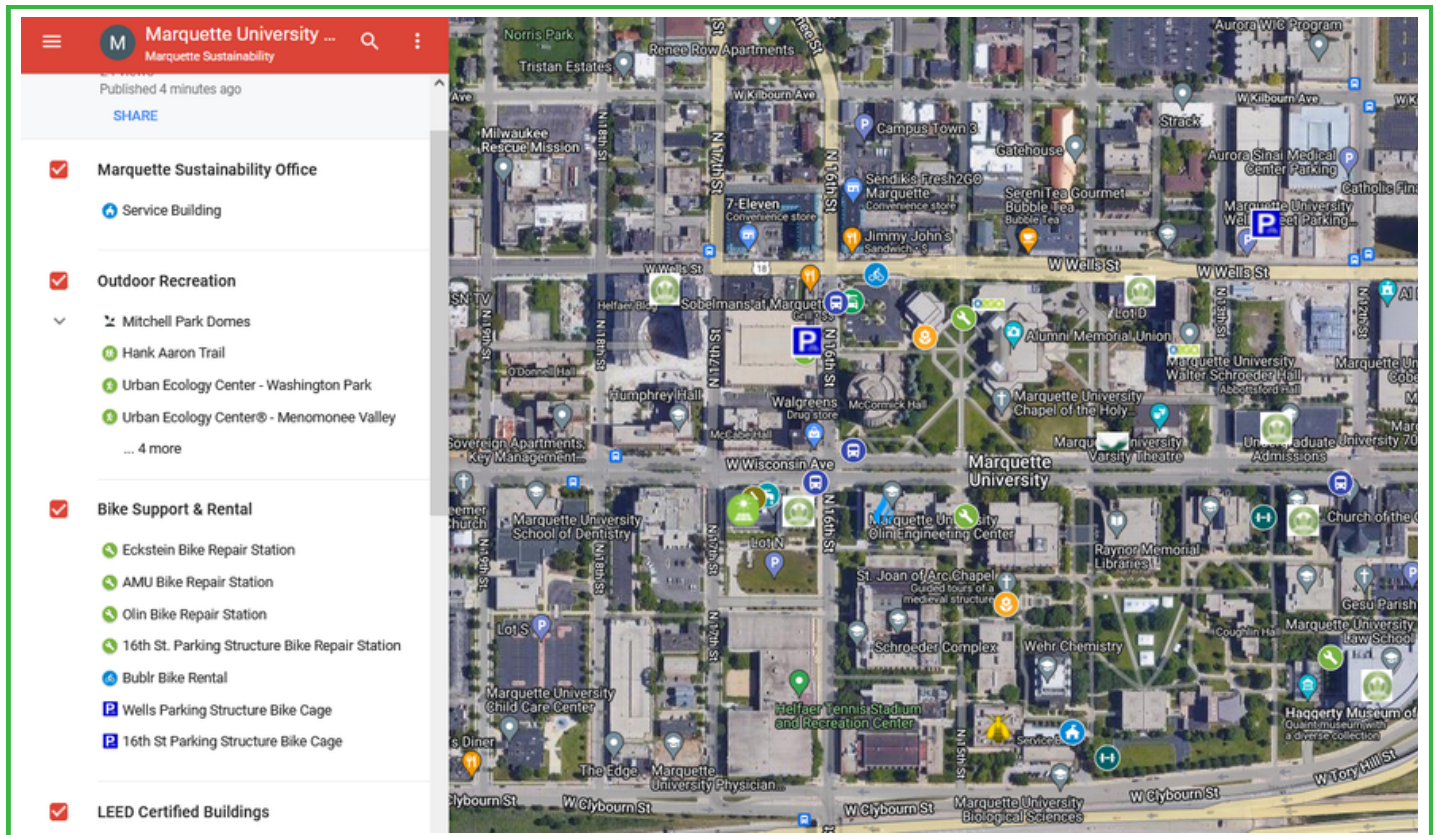
The [Urban Ecology Center](#) is a local Milwaukee non-profit that strives towards connecting people in cities to nature and each other. They provide environmental education, land stewardship, outdoor recreational activities, and much more!

There are three Urban Ecology Center locations throughout Milwaukee:

- [Riverside Park](#)
- [Washington Park](#)
- [Menomonee Valley](#)

CAMPUS SUSTAINABILITY MAP

Use the Marquette University [Sustainability Landmarks Map](#) to locate nearby sustainability resources or to take a self-guided walking tour of our sustainable campus.



COMMUNITY

EMPLOYEE RESOURCE GROUPS

The Office of Institutional Diversity and Inclusion supports several Employee Resource Groups (ERGs) that actively engage the campus and Milwaukee-area communities. As envisioned in Marquette's strategic theme "A Culture of Inclusion," the primary objectives of ERGs are to promote a sense of community, build personal and professional networks, enhance employee support and retention, and attract new employees to Marquette to foster a diverse and inclusive community.

Current ERGs include:

- Hispanic/LatinX Faculty and Staff Association
- LGBTQ+
- Black Faculty & Staff Network
- Marquette Moms
- Marquette Social Professionals
- [Sustainable Marquette ERG](#)
- Womxn of Color
- Women of Marquette

[Learn more](#)



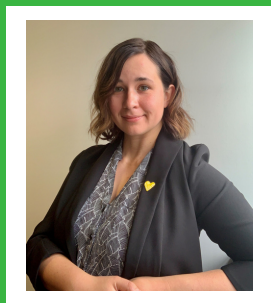
PRAY, LEARN, ASSESS, ACT UPON,
AND ADVOCATE

Join us in the Sustainable Marquette ERG to get involved in community and campus sustainability efforts at whatever level you feel comfortable and to grow your own knowledge and skills relating to sustainability.

Join Sustainable Marquette on Teams or by email to get news and event information relating to sustainability on campus.

[Learn more](#)

CONTACT US



For inquires, questions, ideas, or concerns, contact:

Chelsea Malacara

Sustainability & Energy Management Coordinator

chelsea.malacara@marquette.edu

STAY CONNECTED

marquette.edu/sustainability

[@marquetteugreen](https://www.instagram.com/marquetteugreen)

